



SAFETY ALERT

There was a recent incident in Ireland where a junior boat capsized and a girl's long hair became trapped in a rigger. She was unable to get free and has sustained life changing injuries.

ARE YOU SAFE ON THE WATER?

IS YOUR LONG HAIR ALL TIED UP IN A BUN
OR HAT?

IS THERE ANYTHING ON YOUR CLOTHING
THAT COULD GET TANGLED/CAUGHT IN THE
EVENT OF A CAPSIZE?

HOODIES ARE NOT TO BE WORN ON THE WATER