## Junior Learn to Row

## Loughborough Boat Club

28th - 30th March 2pm - 4:30pm

Loughborough Boat Club is hosting a Learn to row course for junior girls from the 28th to 30th March 2pm - 4:30pm.

The course will be run by our junior coaches and members of the junior girl's squad.

Physical requirements:

- Over the age of 12
- Able to swim 50m.

Coaches hold level 2 coaching qualification and are first aid trained.

After the learn to row you will be able to join Loughborough Boat Club, training on a weekly basis and compete at local races.

The training sessions available:

- Thursday at 6:15pm
- Sunday at 10:30 am

The number of training sessions you have a week will depend on your age.



Location: Country Bridge, Rempstone Rd, Zouch, Hathern, Loughborough LE12 5JN

Parking is available on site.



Parents aren't required to stay.

However, if you would like to stay the club room is available.

Please contact Eleanor (membership@loughboroughboatclub.co.uk) to express your interest in joining the Junior Girl Learn to Row.

If you are unable to attend, but are interested in joining, please let us know so we can try to arrange a session for you!